

Platz m/w	Platz AK	Vorname	Name	Strecke	Verein	AK	Geschlecht	Zeit Landau	Zeit Dammheim	Zeit Nußdorf	Zeit Göcklingen	Zeit Offenbach	Gesamtzeit
1	1	Jens	Becker	10 km	TV Lemberg	m 40	M		00:34:00,9	00:33:33	00:34:28,5	00:34:33,3	01:42:02,54
2	1	Eric	Nies	10 km	TV Maikammer	m	M	00:34:50,5	00:34:02,9	00:33:52			01:42:45,49
3	2	Marko	Martin	10 km	TV Hinterweidenthal	m 40	M	00:36:04,7	00:35:06,6	00:36:15	00:37:08,9	00:35:31,5	01:46:42,78
4	1	Philipp	Ullrich	10 km	TV Bad Bergzabern	m 30	M	00:36:03,5	00:35:02,0	00:36:45	00:37:22,8	00:36:06,8	01:47:12,31
5	2	Raphael	Brunner	10 km	Praxis Stein (Rodalben)	m 30	M		00:36:09,8	00:36:32		00:35:41,7	01:48:23,57
6	1	Volker	Lintz	10 km	TV Maikammer	m 50	M	00:37:50,5	00:36:59,4		00:38:33,8	00:36:25,4	01:51:15,25
7	3	Jens	Hetzler	10 km	LANDAU RUNNING COMPANY	m 30	M	00:38:32,2	00:38:08,2	00:39:12		00:37:44,0	01:54:24,42
8	2	Volker	Bentz	10 km	TV Herxheim	m 50	M	00:38:19,2	00:37:50,8		00:39:16,2		01:55:26,26
9	3	Hans-Peter	Weyand	10 km	VfL Bellheim	m 40	M	00:40:13,2	00:42:04,3		00:42:06,8	00:40:11,2	02:00:11,69
10	3	Heiko	Götz	10 km	TV Maikammer	m 50	M		00:41:31,9	00:42:28	00:41:17,7	00:39:43,4	02:02:33,06
11	4	Arne	Fu	10 km		m 50	M	00:41:41,7	00:41:19,0		00:43:08,9	00:41:32,2	02:04:32,84
12	4	Iven	Landsmann	10 km	LG Essingen	m 40	M	00:42:01,4	00:41:01,4	00:41:30	00:43:45,7		02:04:33,27
13	5	Alexander	Kripp	10 km		m 50	M	00:42:57,5	00:42:04,9	00:44:34			02:09:35,99
14	1	Jürgen	Sandmaier	10 km	LT Rheinhessen-Pfalz	m 60	M		00:42:22,3	00:45:08		00:43:36,6	02:11:07,35
15	6	Thomas	Mandery	10 km	Nußdorfer Leichtathleten	m 50	M	00:43:26,7	00:44:22,2			00:44:38,8	02:12:27,64
16	5	Hendrik	Weinert	10 km	Freundschaftskreis Soucy-Göcklingen e.V.	m 40	M	00:44:52,4	00:43:56,4		00:45:20,7		02:14:09,59
17	7	Ralph	Meißnest	10 km	LG Essingen	m 50	M	00:45:30,9	00:44:35,6	00:46:51	00:48:16,2		02:16:57,48
18	6	Damian	Hlubek	10 km	Freundschaftskreis Soucy-Göcklingen e.V.	m 40	M	00:45:18,4	00:45:23,1	00:46:29			02:17:10,80
19	2	Wilhelm	Storr	10 km	TV Bad Bergzabern	m 60	M	00:46:51,7	00:45:25,8		00:48:54,5	00:46:23,5	02:18:40,98
20	3	Andreas	Imhoff	10 km	TV Bad Bergzabern	m 60	M	00:46:50,9	00:45:51,6		00:49:26,2		02:22:08,69
21	1	Reinhard	Brück	10 km	TV Rheinabern	m 70	M	00:47:43,4	00:46:40,7			00:49:13,0	02:23:37,15
22	4	Jerome	Kuntz	10 km	LT Rheinhessen-Pfalz	m 30	M	00:48:18,9		00:48:50	00:50:22,2	00:47:40,4	02:24:49,28
23	4	Bernhard	Birkle	10 km	ASV Harthausen	m 60	M	00:49:17,4	00:50:07,3	00:49:48		00:47:44,5	02:26:50,09
24	8	Stephan	Hammer	10 km	LG Rülzheim	m 50	M	00:47:36,7	00:52:40,9	00:48:49,9		00:48:49,9	02:29:07,54
25	2	Werner	Heiter	10 km	LG Rülzheim	m 70	M	00:50:14,6	00:49:43,6	00:51:33		00:50:51,7	02:30:49,89
26	7	Christoph	Kamplade	10 km	Südstern e. V.	m 40	M	00:53:25,4	00:53:02,6	00:52:58			02:39:25,51
27	5	Rudi	Doppler	10 km	Essingen/Pfalz	m 60	M	00:53:31,4	00:52:37,7			00:54:05,1	02:40:14,16
28	6	Egon	Swarowsky	10 km	LT Rheinhessen-Pfalz	m 60	M		00:56:57,4	00:58:07	00:55:48,6	00:53:53,0	02:46:38,98
29	3	Rainer	Brechtel	10 km	LCO Edenkoben	m 70	M		00:53:55,4	00:57:18	00:56:25,1		02:47:38,10
30	4	Rudolf	Drißler	10 km	LANDAU RUNNING COMPANY	m 70	M	00:59:52,9	00:57:28,8	01:02:34	00:56:03,5	00:54:23,8	02:47:56,17
31	5	Stefan	Drißler	10 km	LANDAU RUNNING COMPANY	m 30	M		00:57:29,1		00:56:05,5	00:54:31,5	02:48:06,09
32	7	Hans	Jilg	10 km	VLG Maximiliansau	m 60	M			00:57:59	00:57:14,2	00:57:06,4	02:52:19,71
33	1	Hans	Hamm	10 km	LT Rheinhessen-Pfalz	m 80	M	01:00:42,8	01:02:31,2		01:05:52,0	01:00:07,2	03:03:21,18
1	1	Nina	Engelhard	10 km	PSV Grün-Weiß Kassel	w	W	00:36:44,2		00:37:46		00:37:34,7	01:52:04,79
2	1	Pia	Winkelblech	10 km	TSV 1886 Kandel	w 40	W	00:41:07,2	00:39:38,2	00:41:12			02:01:57,25
3	2	Marion	Kamplade	10 km	Südstern e.V.	w 40	W	00:42:32,9	00:41:39,1	00:44:06		00:42:16,0	02:06:28,02
4	3	Astrid	Eisenbarth	10 km	TSG Eisenberg	w 40	W		00:45:52,8	00:45:56	00:46:04,6	00:43:35,8	02:15:25,03
5	1	Larsina	Herrmann	10 km	TSV Kandel	w 20	W	00:45:06,4	00:48:44,6	00:52:19			02:26:10,00
6	1	Misaki	Yoshinaga	10 km	LT Rheinhessen-Pfalz	w 30	W	00:49:41,9	00:48:45,3		00:49:26,5	00:49:15,5	02:27:27,27
7	4	Janine	Friedel	10 km	LANDAU RUNNING COMPANY	w 40	W	00:51:20,6			00:50:04,8	00:48:36,7	02:30:02,12
8	1	Astrid	Laux-Sitzenstuhl	10 km	TSV Kandel	w 50	W	00:51:14,4	00:52:09,8	00:54:18		00:50:02,7	02:33:26,97
9	1	Elisabeth	Wegmann	10 km	TV Bad Bergzabern	w 60	W	00:51:59,9	00:51:49,2	00:54:25	00:54:09,4	00:51:25,3	02:35:14,42
10	2	Aline	Weper	10 km	TSG Eisenberg	w 30	W			00:54:12	00:53:51,7	00:51:11,8	02:39:15,82
11	3	Samira	Kuntz	10 km	LT Rheinhessen-Pfalz	w 30	W	00:54:19,4	00:52:56,0		00:55:46,8	00:53:50,3	02:41:05,65
12	5	Anke	Hlubek	10 km	Freundschaftskreis Soucy-Göcklingen e.V.	w 40	W	00:55:19,1	00:53:05,7		00:55:06,9		02:43:31,73
13	2	Helga	Sandmaier	10 km	LAC Inenheim	w 60	W		00:56:56,2	01:00:40	00:55:23,0	00:53:51,5	02:46:10,71
14	2	Annabell	Scherff	10 km	TV Rheinabern	w 50	W	00:55:09,6	00:56:55,2	00:55:21			02:47:25,72
15	3	Bettina	Scholler	10 km	SSC tri Landau	w 50	W	00:59:18,8	00:59:42,2	01:04:21	01:03:02,5	00:59:02,4	02:58:03,47
16	6	Gaby	Kling	10 km	TSV 1886 Kandel	w 40	W	01:04:47,0		01:06:46		00:59:10,2	03:10:43,09